# W SONO

#### **BAYONNE PUBLIC SCHOOLS**

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# **HEALTH PACING GUIDE**

#### <u>3-5</u>

### **September**

Social Health

- Bullying Prevention
- Domestic Violence Education
- Gang Violence Prevention
- Sexual Assault Prevention

# **October**

**Emotional Health** 

- Mental Health
- Suicide Prevention

# November

Personal Growth & Human Development

Cancer Awareness

# **December**

Community Health Services and Support

- Mental Health
- Suicide Prevention

# <u>January</u>

# Safety and Environment

• Accident and Fire Prevention

#### **February**

Nutrition

• Eating Healthy

# March

Health Conditions, Diseases and Medicines

• Lyme Disease Prevention

# **April**

Alcohol, Tobacco and other Drugs Drugs, Alcohol, Tobacco, Controlled Dangerous Substances, and Anabolic Steroids

• Refusal Skills

#### May

Dependency, Substances Disorder and Treatment

• Drugs, Alcohol, Tobacco, Controlled Dangerous Substances, and Anabolic Steroids

# <u>June</u>

• How to be unique and deal with feelings