

Yoga Pacing Guide

The following is the Yoga pacing guide. This guide is based on Yoga, a single period class. Assessments will be based on this guide.

Marking period 1: (45 Days)

1. Performing
 - a. Embody
 - b. Execute

Marking period 2: (45 days)

1. Performing
 - a. Embody
 - c. Express

Marking period 3: (45 days)

1. Performing
 - a. Embody
 - b. Execute
 - c. Express
 - d. Present

Marking period 4:(45 days)

1. Responding
 - a. Analyze
 - b. Critique
 - c. Interpret